

Achieving Work-Life Balance in Your Research Career

Author
????

Post Url
<https://www.enago.com/academy/tw/achieving-work-life-balance-in-your-research-career/>



????

This webinar will highlight the importance of work-life balance as a researcher and will primarily focus on addressing key challenges faced by researchers while bringing in a balance to their work-life along with sharing practical tips to achieve this successfully.

After this session, you will have more information on the following:

- Why is work-life balance important?
- Negative impacts in case of failure
- How can you balance research productivity and work-life?
- Employer's Role in Maintaining Work-life Balance

Cite this article

????, Achieving Work-Life Balance in Your Research Career. Enago Academy. February 27, 2019. <https://www.enago.com/academy/tw/achieving-work-life-balance-in-your-research-career/>

default watermark