

# Top 5 Tips to Avoid Journal Rejection

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Journal rejection is something that every researcher faces at some point in their research career. As a researcher, rejection of your manuscript by a journal can be very discouraging after spending years planning your research, securing funding, compiling and analyzing data, etc. In this episode of Enago Academy's podcast, we will share 5 top tips that will help you avoid journal rejection and have a successful publication journey.

Here, you will learn about:

- Planning your work well
- Following journal guidelines

- Following ethical practice
- Drafting a good cover letter
- Proof-reading your manuscript

In case of any questions related to the podcast or your publication journey visit our [Q&A Forum](#).

You can also read detailed articles on avoiding journal rejection [here](#).

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