Description

We ask people to go for public transportation instead of private transports in order to reduce air pollution. Another advantage of using public transport might be its role in reducing obesity! According to a group of researchers from the University of Illinois, for 1% increase in public transportation, there has been 0.43% decrease in obesity in the population of some counties across United States. They believe that as the person has to walk for some distance after getting out of his house, rather than getting into his car, this could possibly have a role to play in reducing obesity. The study was made across 227 counties in United States, over the duration between the years 2001-2009. However, the study is based on data computed with respect to countries; its implication on individuals is yet to be seen.

To know more, click here now!

Acknowledgement: The feature image used in this article is sourced from and credited to Minibus Hire.

Category

1. Checklist

Date Created
2019/01/29
Author
eneditor

Copyright: Enago Academy under the CC-BY-NC-SA 4.0 license