

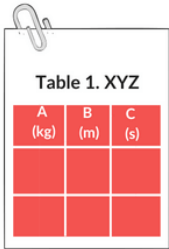
# Simple Tips on Using Tables and Figures Effectively in Your Manuscript

**Author**  
Enago Academy

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**Simple  
Tips &  
Tricks**

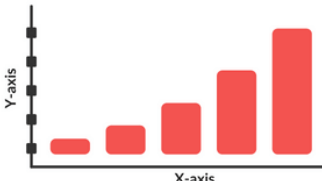
## Using Tables and Figures in Your Manuscript



**Table 1. XYZ**

A (kg)	B (m)	C (s)


- A clear, descriptive, and concise title placed above the table.
- A good set of column titles (with units/unit symbols wherever applicable) that allow the reader to grasp the context of the table.
- Data should read from top to bottom.





**Figure 1. ABC**


- A clear, descriptive, and concise caption placed below the figure.
- A high-quality image with good resolution and appropriate size.
- Can include bar graphs, histograms, maps, scatter plots, etc.

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To know more about using tables and figures, [click here](#).

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Tips &  
Tricks

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## Using Tables and Figures in Your Manuscript

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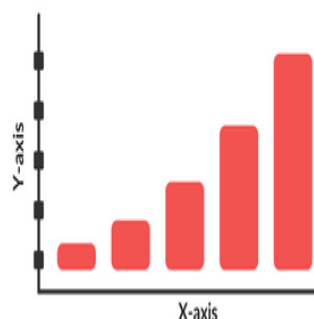


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