

Description

I am writing a manuscript for my project on an empathy scale that I developed and collected data through a survey. I reached out to my friends, colleagues, and other individuals. My question is whether ethical approval is required for this study. I understand that studies involving human participants typically require ethical approval. In my institution, I worked with the institutional ethical committee, and they were initially resistant but eventually approved the study after several requests. However, I am curious if there is any alternative way to navigate this process.

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