

Description

Autoimmune diseases have always been a headache in the field of biomedical science. Till date, autoimmune diseases have no cure. However, researchers from Medical College of Georgia have come up with a solution to control these disorders. According to them, a daily dose of baking soda (sodium bicarbonate) can help reduce the inflammation caused by autoimmune diseases such as rheumatoid arthritis. Autoimmune diseases are marked by rapid reactions elicited by the immune system (mainly the spleen). The mesothelial cells of the spleen produce a large number of macrophages. These macrophages digest the living cells along with the debris. Sodium bicarbonate is a base which on entering the body, triggers the production of excess acid from the stomach to digest the next meal. Besides that, it also commands the mesothelial cells not to produce an immune response that in turn, prevents the autoimmune disease from getting worse.

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Category

1. Checklist

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